

OAW INDOOR SPORTS COMPLEX NEWSLETTER



ACTIVITIES FOR ALL AGES

Check out events we have over
the next few months!

Velocity Pitching Program

January Sessions - Dates: Jan. 2nd,
9th, 16th, 23rd & 30th
5-6pm | 6-7pm

February Sessions - Dates: Feb. 6th,
13th, 20th & 27th, March 5th
5-6pm | 6-7pm

 oawindoor.com/velocitypitching

Pickleball Classes



GAME IMPROVEMENT SERIES I
Level: Beginner

GAME IMPROVEMENT SERIES II
Level: Beginner Plus

GAME IMPROVEMENT SERIES III
Level: Intermediate

Check out the dates on our website!
oawindoor.com/pickleball

Winter Softball Classes

Thursdays:

January 4th, 11th, 18th, 25th,
February 1st, 8th, 15th & 22nd
\$160
Ages 8-18

Pitching:

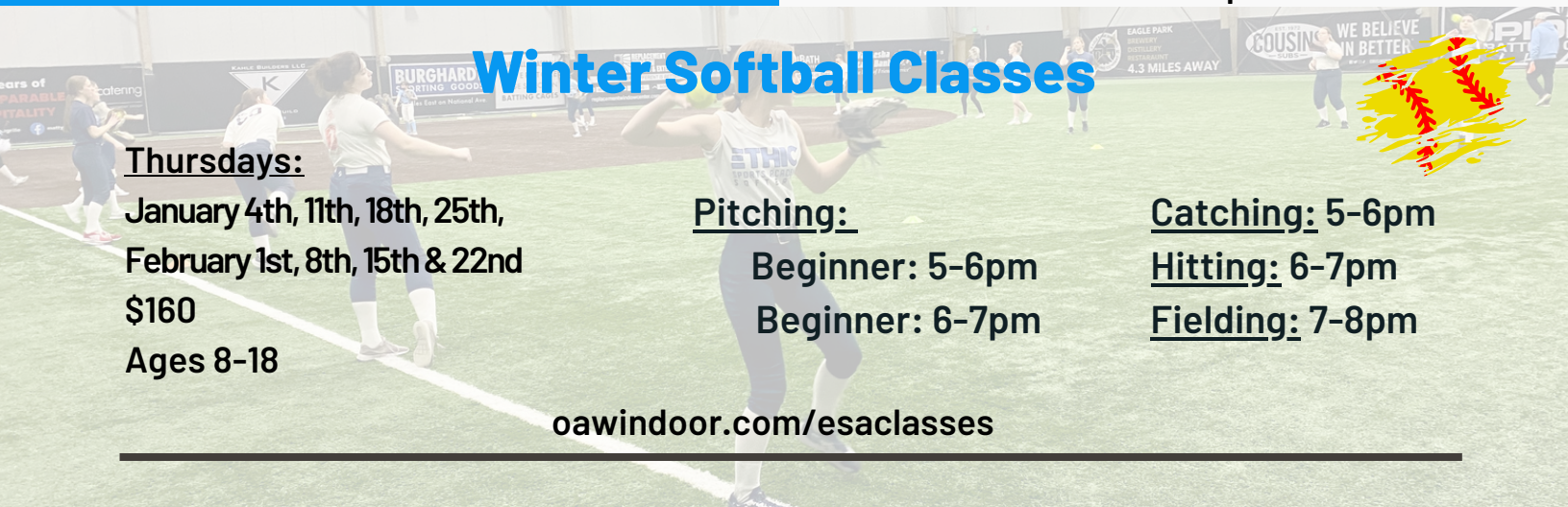
Beginner: 5-6pm
Beginner: 6-7pm

Catching: 5-6pm

Hitting: 6-7pm

Fielding: 7-8pm

oawindoor.com/esaclasses



ESA Unlimited

ESA Unlimited is a fun experience for players to compete and stay sharp for the season! Position players and pitchers will earn points based on their game performance.

January Session - Dates: Jan. 6th, 13th, 27th & Feb. 3rd | Age 13-18

February Session - Dates: Feb. 10th, 17th, 24th & March 2nd | Age 13-18

March Session - Dates: March 9th, 16th, 23rd & 30th | Age 11-12 | Age 13-14

April/May Session - Dates: April 20th, 27th, May 4th & 11th | Age 11-12 | Age 13-14

oawindoor.com/esa-unlimited



5v5 Soccer One-Day Tournament

January 15th

U6 - Adult

Entry Fee: \$330.00 - \$430.00

Format: 4+GK

4 game guarantee

Top 3 teams earn medals!

oawindoor.com/5v5soccer

Baseball Hitting Classes

\$140/session



Dates: January 22nd, 29th, February 5th & 12th

Session 1: 5-6pm | Age 7-12

Session 2: 6-7pm | Age 7-12

Session 3: 7-8pm | Age 13-18

oawindoor.com/hittingclasses

Elite Pitching & Throwing Program

The Elite Pitching & Throwing Program was developed to focus on the core 4 keys to being a successful baseball pitcher or overhead thrower. Each class consists of one hour of pitching/throwing followed by one hour of strength and conditioning.

Saturdays

January 6th - March 2nd

Price: \$720

Max of 4 per session

Session 1: 12-2pm | Age: 10+ (Girls)

Session 2: 1-3pm | Age: 9-12 (Boys)

Session 3: 2-4pm | 12+ (Boys)

oawindoor.com/elite-pitching-throwing-program



Youth Sports Camps

Do the kids have off of school? Send them to OAW Indoor Sports Complex for a day full of sports, activities, and games! Lunch and snack are provided!

9am - 3pm

DATES:

January 22nd, February 19th, March 29th

oawindoor.com/youthcamp

High School Baseball League

Dates: Feb. 10th, 17th, 24th, March 2nd & 9th

5pm | 7pm | 9pm

Price: \$1,595 per team

Jerseys Included

One game per week

7 innings | 1 hour 45 min hard stop

oawindoor.com/hsbaseball

ESA Speed Ball



Speed Ball is a condensed game of softball broken up to get maximum number of reps while still being placed in game-like situations.

Dates: March 27th, April 3rd, 10th, 17th, 24th, May 1st & 8th

Ages 5-7 | 5-6pm

Ages 8-10 | 6-7pm

oawindoor.com/speedball

Golf Simulator

Book our golf simulator for \$30/hour

1-8 players

Bring your own clubs & golf balls are supplied

Hours Available: 8am - 8pm

Contact dan@ethicindoor.com to book!

oawindoor.com/golfsimulator



Group Fitness Classes

Get your sweat on in our group fitness classes! We have Zumba, Barre, SilverSneakers, Base Camp, and Pilates classes!

Try out a class for just \$5 or get a membership for as little as \$19.99/month!

Check out our schedule at oawindoor.com/groupfitness



Toddler Time

Join us every Wednesday & Friday from 9am - 12pm for bonding time on the turf!

Games & toys provided

\$5 per child
\$15 per family

On Site Cafe

Supervision not provided

oawindoor.com/todderhomeschooltime

Homeschool Open Play

Bring your child every Wednesday & Friday from 12pm - 2pm for open play!

\$5 per child
\$15 per family



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SPORTS COMPLEX